



2019

Cherry Valley 20K @ Sunday, April 28

<http://www.rockrivermultisport.com/>

Return to Cherry Valley 20K @ Sunday, August 25

Deer Run Forest Preserve, 5691 River Rd, Cherry Valley, Illinois 61016

MATTS Points towards Season overall prizes

ROTY (rider of the year) Points towards Season overall prizes

RACE CLASSES:

Standard Road or TT Bike

Ability Categories

Cat. 1-2

Cat -3

Cat 4-5

Women Cat 1-2

Women Cat 3

Women 4-5

Men & Women

Age Categories

Juniors 14 and under

Juniors 15-18

19-24

25-29

30-34

35-39

40-44

45-49

50-54

55-59

60-64

65-69

70-74

75-79

80-84

85-89

90+

Single Speed

Tandem/Recumbent/HPV



AWARDS each date:

Medals awarded five (5) deep in all classes,

Overall Fastest Riders: Fastest times of day cash awards:
(1st \$30, 2nd \$25, 3rd \$20, 4th \$15, 5th \$10, 6th \$10)

Overall Female Riders: Fastest times of day cash awards:
(1st \$25, 2nd \$20, 3rd \$15)

Overall Junior Riders: Fastest times of day cash awards:
(1st \$15, 2nd \$10, 3rd \$5)

COURSE: 20 Kilometer out and back course. Start line is at Deer Run Forest Preserve. From start line ride South for 3mi. then turn right onto Fairdale Rd./East Line Rd for 5.5 miles. Turn around before Hwy 72 and return on same course to the finish line before Deer Run. **Starting order: 9:00 am Start.** One-minute intervals. Starts based on order of register

REGISTRATION & Number pick up:

Entry Fee: Pre-registration: \$25 (RACE DAY registration \$30).

Juniors racing in Junior category \$5.00.

Race 2nd time to compete in 2nd race class or for a faster time \$10.

*ABR membership required, One day \$5, Annual license \$25, Junior (<18) Annual \$10.

Day of Event: Opens at 8:00am at Deer Run Forest Preserve, rear picnic area.

Early Registration: Online at: <https://www.truesport.com/matts/>

By Mail: Submit ABR Release Form with entry fee payable to:

Rock River Multisport

Mail to: Rick Green - 8839 Greenfield Dr., Belvidere, IL. 61008

DIRECTIONS: Cherry Valley is located Southeast of Rockford. From Chicago or Madison take I-90 (toll) to Hwy 20 / I39 South to Hwy 20 (not business 20). Head east on Hwy 20 for about 50 yards and turn right onto Mill Rd then left on E State Rd, head east on State Rd to Walnut St, right onto Walnut St to Genoa St., left onto Genoa St, east on Genoa St about a mile to River Run Rd., right onto River Run Rd. South on River Run Rd to Deer Run Forest Preserve.

PLEASE REMEMBER THAT WE ARE GUESTS IN CHERRY VALLEY, WINNEBAGO AND BOONE COUNTY.

QUESTIONS: Email: Rick Green, rgreen3591@gmail.com 815-621-6030.

